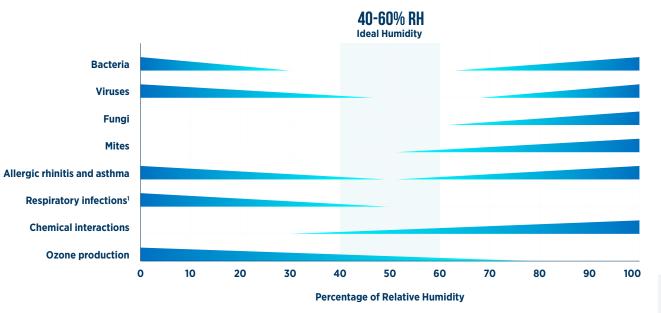


Optimum Relative Humidity for Health

Humidity Control Plays a Key Role in Wellness

A Healthy Home begins with creating the right balance between 40-60% relative humidity.

Humidity control has been shown to reduce the spread of viruses and bacteria as well as preserve the life of wooden household items and furnishings.



¹ Insufficient data above 50% RH

E.M. Sterling, Criteria for Human Exposure to Humidity in Occupied Buildings, 1985 ASHRAE

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Source: ASHRAE, American Society of Heating, Refrigeration and Air-Conditioning Engineers. A decrease in the bar height indicates a decrease in effect.